










## January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 <b>Write Thank You notes for your Christmas Gifts</b>	2 <b>Bake Cookies For Your Neighbor</b>	3 <b>Learn the Pledge of Allegiance and understand it</b>	4 <b>Teach someone a special skill you know</b>	5 <b>Write your own motivational notes and leave around the places you go</b>	6 <b>Make a puzzle for your sibling a younger friend</b>
7 <b>clean your room without being asked</b>	8 <b>Leave pennies around for someone to find</b>	9 <b>Mail a letter to your grandparent</b>	10 <b>Ask someone how you can make them smile today</b>	11 <b>offer to clean out someones car</b>	12 <b>donate socks to your local shelter</b>	13 <b>Ask an elder in your life what you can do to help them</b>
14 <b>cook an extra meal for someone you know</b>	15 <b>do something helpful for someone younger than you</b>	16 <b>read your favorite book to someone special</b>	17 <b>Give a high fives to everyone you see today</b>	18 <b>Do something you don't like to be helpful to others around you</b>	19 <b>Take out the trash</b>	20 <b>Donate a can of cat or dog food to your local animal shelter</b>
21 <b>set up a family movie night</b>	22 <b>Sweep the floors</b>	23 <b>make sure the table is clean</b>	24 <b>wash the windows in your home</b>	25 <b>Vacuum a room</b>	26 <b>Count how many things you do today that make someone smile</b>	27 <b>Draw happy faces and leave them around the places you go</b>
28 <b>Say something nice to everyone you see today</b>	29 <b>make someone younger than you feel important</b>	30 <b>say something nice to all your friends</b>	31 <b>Help someone get ready for the morning</b>		<i>"What this world needs is a new kind of army – the army of the kind." – Cleveland Amory</i>	
<b>January is Cervical Health Awareness Month</b>		<b>January is National Book Month</b>		<b>January is International Creativity Month</b>		<b>January is Thyroid Awareness Month</b>

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## February 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				<sup>1</sup> Start a penny drive for a cause you care about	<sup>2</sup> teach something you know to someone else	<sup>3</sup> Hide happy notes around your house for your family to find
<sup>4</sup> do something helpful for your parents	<sup>5</sup> Fold Laundry	<sup>6</sup> learn to make a cup of tea	<sup>7</sup> Set the table	<sup>8</sup> Say hello to everyone you see today	<sup>9</sup> Donate a book to your local library	<sup>10</sup> Make valentines for everyone you know
<sup>11</sup> clean out clothes you are to big for or do not wear and give them to someone in need	<sup>12</sup> get someone a glass of water	<sup>13</sup> Tell your mom and dad thank you	<sup>14</sup> wash the dishes	<sup>15</sup> Learn about the constitution	<sup>16</sup> buy or make someone lunch	<sup>17</sup> make a card for someone
<sup>18</sup> Spend the day with no electronics	<sup>19</sup> Say something nice to your siblings and friends	<sup>20</sup> Make your own play dough and give it to a class, school, or library in need	<sup>21</sup> Look around you and hold the door open for anyone you see coming, even at home	<sup>22</sup> draw a special picture for someone	<sup>23</sup> buy or make a stranger breakfast	<sup>24</sup> Donate old blankets to your local animal shelter
<sup>25</sup> write a poem for someone you care about	<sup>26</sup> Smile at everyone you see today	<sup>27</sup> Ask everyone you meet "How are you today?"	<sup>27</sup> Leave a happy letter in a library book	<sup>28</sup> Donate the pennies from your penny drive to the cause of your choice	<i>"Never believe that a few caring people can't change the world. For, indeed, that's all who ever have." Margaret Mead</i>	
February is American Heart Month		February is Teen Dating Violence Awareness Month		February is Love Your Library Month		February is Black History Month

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## March 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 <b>Draw a picture for your parents</b>	2 <b>write a letter to your aunt or uncle</b>	3 <b>Bring fresh food to your local food cupboard or church</b>
4 <b>watch a documentary</b>	5 <b>Listen to a happy song</b>	6 <b>Fold Clothes</b>	7 <b>write encouraging words and leave them everywhere you go</b>	8 <b>buy or make someone dinner</b>	9 <b>Write a thank you note for your librarian</b>	10 <b>go through your shoes and give the ones you are too big for or do not wear to someone in need</b>
11 <b>Make special handmade gifts for the people you love</b>	12 <b>Tell everyone you see today that they are doing a good job.</b>	13 <b>write a story for someone you care about</b>	14 <b>draw a picture for your teacher or someone who helps you learn</b>	15 <b>Write the life story of your mom</b>	16 <b>write a poem for your grandfather</b>	17 <b>make a special gift</b>
18 <b>write a letter to someone far away</b>	19 <b>Say thank you to your garbage man</b>	20 <b>write a story for someone</b>	21 <b>draw a picture for your cousin</b>	22 <b>Say something nice to everyone you see</b>	23 <b>offer hugs to those you care about or trust</b>	24 <b>Donate coloring supplies to a preschool</b>
25 <b>Clean out your toys and give them to someone in need</b>	26 <b>make a card for someone special</b>	27 <b>cook extra and bring it to your neighbors</b>	28 <b>say thank you to people who always help you</b>	29 <b>give away your place in line so someone can be closer</b>	30 <b>Call your grandmother</b>	31 <b>build a bird house</b>
	March is Women's History Month and Expanding Girls' Horizons in Science and Engineering Month		<b>March is Irish American Heritage Month</b>		March is Deaf History Month and National Ethics Month	

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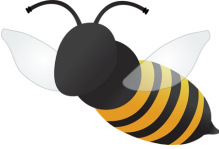

## April 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Pick up littler around your home	2 write your cousins a letter	3 pick your own nice thing to do today	4 make a list of all the good things your teacher does	5 tell your mom good things about her	6 forgive someone today	7 donate baby supplies to your local pregnancy shelter
8 give a special compliment to everyone you see	9 draw a picture for your siblings	10 write a thank you note to your mailman	11 Write the life story of your dad	12 draw a picture for your librarian	13 write happy letters and leave them around the places you go	14 offer to walk someone you know pet for them
15 take a walk and notice all the beauty of nature	16 make a card for your mom	17 say thank you to those you may not remember to say thank you to	18 set up a family game night	19 Make a list of all the good things that happened today	20 do one good thing for everything you made on your list yesterday	21 Count how many beds are in your house and collect \$1 for each bed. Donate that money to your local food cupboard
22 Write a family mission statement	23 make a list of all the good things your dad does	24 Call someone far away	25 write a poem for your grandmother	26 write a happy song for someone	27 make a cup of tea for dad	28 make a new pillow for someone you know
29 try not to say one negative thing all day	30 Sing a song to cheer someone up		<i>"The simple act of caring is heroic." – Edward Albert</i>		<i>"No act of kindness, no matter how small, is ever wasted." – Aesop</i>	
<b>April is Alcohol Awareness Month</b>		<b>April is National Poetry Month</b>		<b>April is National Math, Guitar, and Humor Month</b>		<b>April is Autism Awareness Month</b>

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May 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>May is</b> National Mental Health Month	<b>May is</b> Skin Cancer Awareness Month	<sup>1</sup> <b>Start a food drive and spread the news</b>	<sup>2</sup> <b>set up a family dance party</b>	<sup>3</sup> <b>play with someone new</b>	<sup>4</sup> <b>make a pet bed for a pet you know</b>	<sup>5</sup> <b>Put change in a vending machine and leave it there for someone to find</b>
<sup>6</sup> <b>Pick up litter around your church</b>	<sup>7</sup> <b>Call your aunt or uncle</b>	<sup>8</sup> <b>Make a card for your grandfather</b>	<sup>9</sup> <b>tell your dad good things about him</b>	<sup>10</sup> <b>make a list of all the good things your mom does</b>	<sup>11</sup> <b>make a new blanket for someone you know</b>	<sup>12</sup> <b>build a house for a pet you know</b>
<sup>13</sup> <b>play a game you don't like to be nice</b>	<sup>14</sup> <b>instead of complaining think of something nice</b>	<sup>15</sup> <b>write a family song</b>	<sup>16</sup> <b>make a pictures for your friends</b>	<sup>17</sup> <b>Write the life story of your grandma</b>	<sup>18</sup> <b>Start a compost bin for old food</b>	<sup>19</sup> <b>Bring bottled water to your food cupboard</b>
<sup>20</sup> <b>write a special story for dad</b>	<sup>21</sup> <b>write a poem for your teacher</b>	<sup>22</sup> <b>Plant Veggies for someone</b>	<sup>23</sup> <b>help make dinner</b>	<sup>24</sup> <b>tell a silly joke</b>	<sup>25</sup> <b>try not to complain all day</b>	<sup>26</sup> <b>set up a family tea party</b>
<sup>27</sup> <b>offer to return carts at the store</b>	<sup>28</sup> <b>pass out stickers to everyone you see</b>	<sup>29</sup> <b>leave food for the birds</b>	<sup>30</sup> <b>Write a poem for your grandparents</b>	<sup>31</sup> <b>Donate all the food you collected</b>	<b>May is</b> National Asthma and Allergy Awareness Month	<b>May is</b> Preeclampsia Awareness Month
	<b>May is</b> Hepatitis Awareness Month	<b>May is Asian Pacific American Heritage Month</b>	<b>May is</b> Arthritis Awareness Month	<b>May is Jewish American Heritage Month</b>	<b>May is</b> Blood Pressure Education Month	<b>May is</b> National American Stroke Month

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June 2018						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>June is National Safety Month</b>	<b>June is National Scleroderma Awareness Month</b>	<b>June is Men's Health Month</b>	<b>June is Cataract Awareness Month</b>		<sup>1</sup> <b>make a list of all the good things your grandparents do</b>	<sup>2</sup> <b>When your grocery shopping get some extra stuff for your church or food cupboard</b>
<sup>3</sup> <b>pick up littler around your road</b>	<sup>4</sup> <b>call your grandparents</b>	<sup>5</sup> <b>tell your parents good things about them</b>	<sup>6</sup> <b>Make a card for your grandmother</b>	<sup>7</sup> <b>set up a family TV marathon</b>	<sup>8</sup> <b>Let someone else pick what you play</b>	<sup>9</sup> <b>make a cat bed for a cat you know</b>
<sup>10</sup> <b>build a pet house for someone you know</b>	<sup>11</sup> <b>write a special story for mom</b>	<sup>12</sup> <b>make a cup of tea for mom</b>	<sup>13</sup> <b>help make breakfast</b>	<sup>14</sup> <b>offer to carry someone's library books out</b>	<sup>15</sup> <b>let someone go ahead of you in line</b>	<sup>16</sup> <b>Leave a little money around for anyone to find</b>
<sup>17</sup> <b>pass out treats or candy</b>	<sup>18</sup> <b>wash someones car</b>	<sup>19</sup> <b>plant flowers in your home</b>	<sup>20</sup> <b>Write the life story of your grandpa</b>	<sup>21</sup> <b>mail a card to a veteran</b>	<sup>22</sup> <b>set the table and clean it after</b>	<sup>23</sup> <b>bury treasure at the park for someone to find</b>
<sup>24</sup> <b>talk to someone new</b>	<sup>25</sup> <b>weed a garden for someone</b>	<sup>26</sup> <b>make dinner for someone</b>	<sup>27</sup> <b>Write a poem for your aunt or uncle</b>	<sup>28</sup> <b>volunteer at a soup kitchen</b>	<sup>29</sup> <b>clean your room</b>	<sup>30</sup> <b>Lay flowers on grave sites</b>
<i>"When I was young, I admired clever people. Now that I am old, I admire kind people." – Abraham Joshua Heschel</i>	<i>Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world." –Desmond Tutu</i>	<i>"Three things in human life are important: the first is to be kind; the second is to be kind; and the third is to be kind." – Henry James</i>	<i>"When you are kind to others, it not only changes you, it changes the world." – Harold Kushner</i>	<i>"I feel the capacity to care is the thing which gives life its deepest significance." – Pablo Casals</i>	<i>Be kind, for everyone you meet is fighting a harder battle." –Plato</i>	



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## July 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 hug your siblings	2 make a list of all the good things your parents do	3 set up a family art show	4 tell your siblings good things about them	5 Make a card for your dad	6 call your grandfather	7 Set up a lemon aid/tea stand and raise money for a charity you care about
8 write a special story for your grandparents	9 make a cup of tea for your parents	10 Write the life story of your aunt or uncle	11 mail a card to a service member	12 make desert for someone	13 give one of your special toys to someone you care about	14 Bring bottled water to your local homeless shelter
15 help make lunch	16 volunteer at your library	17 bring in the garbage cans for your neighbors	18 plant flowers for your neighbors	19 fill up a jar of candy for someone	20 pass out cookies	21 pick up litter around your park
22 make a busy bag for a young child	23 play with someone new at the park	24 do an activity at the nursing home	25 Write a poem for your dad	26 volunteer at the pet shelter	27 bring flowers to your librarian	28 Leave change around the places you go for someone to find
29 make the bed for someone else	30 say hello to everyone	31 draw a picture of your family	<i>"Life is mostly froth and bubble. Two things stand like stone. Kindness in another's trouble, Courage in your own." –Adam Lindsay Gordon</i>	<b>July is Eye Injury Prevention Month</b>	<b>July is UV Safety Month</b>	
<b>July is National Cleft &amp; Craniofacial Awareness &amp; Prevention Month</b>	<i>"You cannot do a kindness too soon, for you never know how soon it will be too late." – Ralph Waldo Emerson</i>	<i>"Be kind whenever possible. It is always possible." – Dalai Lama</i>		<i>If you want to lift yourself up, lift someone else up." – Booker T. Washington</i>	<i>"Be a little kinder than you have to." –E. Lockhart</i>	<i>"Unless someone like you cares a whole awful lot, nothing is going to get better. It's not." – Dr. Seuss</i>

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## August 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Write a poem for your mom	2 tell your grandparents good things about them	3 set up a family talent show	4 Pick up litter around your neighborhood
5 pass out bubbles	6 make a list of all the good things your grandmother does	7 hug someone you love	8 call your cousins	9 write a special story for your siblings	10 bring in the garbage cans for your parents	11 send desert to another table at a restaurant
12 give your favorite book to someone special	13 bring flowers to someone	14 give a jar of candy to someone new	15 Make a card for your aunt or uncle	16 plant flowers for your library	17 draw a picture and make a special frame for it as a gift	18 make a stick wreath and give it as a gift
19 draw a picture of something that makes you happy	20 do something fun with someone new	21 draw someone you love	22 help someone new	23 draw someone who helps you	24 do something that makes others laugh	25 leave bags of popcorn at video rentals
26 draw something you are thankful for	27 draw something silly as a gift	28 ask you mom how her day was	29 tell a silly story	30 ask to hear how your parents met	31 take a family picture	
<b>August is Medic Alert Awareness Month</b>	<i>"Always stop to think whether your fun may be the cause of another's unhappiness." – Aesop</i>	<b>August is Gastroparesis Awareness Month</b>	<i>"To belittle, you have to be little." –Kahlil Gibran</i>	<b>August is World Breastfeeding Month</b>	<i>"Of all virtues and dignities of the mind, goodness is the greatest." – Francis Bacon</i>	

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## September 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>September is</b> Leukemia, Lymphoma and Myeloma Awareness Month	<b>September is</b> National Alcohol & Drug Addiction Recovery Month	<b>September is</b> Ovarian Cancer Awareness Month	<b>September is</b> Prostate Cancer Awareness Month	<b>September is</b> Childhood Obesity Awareness Month	<b>September is</b> Traumatic Brain Injury Awareness Month	<sup>1</sup> <b>set up a family band</b>
<sup>2</sup> <b>draw something that makes you laugh</b>	<sup>3</sup> <b>write a special story for your grandmother</b>	<sup>4</sup> <b>make a list of all the good things your librarian does</b>	<sup>5</sup> <b>Make a card for your grandparents</b>	<sup>6</sup> <b>tell your friends good things about them</b>	<sup>7</sup> <b>fill a jar of motivational notes and give it away to someone</b>	<sup>8</sup> <b>draw something you love</b>
<sup>9</sup> <b>make a list of things you are thankful for</b>	<sup>10</sup> <b>ask your dad how his day was</b>	<sup>11</sup> <b>tell a happy story</b>	<sup>12</sup> <b>take a group picture</b>	<sup>13</sup> <b>make a scrapbook of your family</b>	<sup>14</sup> <b>check the smoke detectors in your home</b>	<sup>15</sup> <b>make a family camp out in your living room</b>
<sup>16</sup> <b>make up your own game to share</b>	<sup>17</sup> <b>write a poem about fall to share</b>	<sup>18</sup> <b>share a favorite family memory</b>	<sup>19</sup> <b>bring flowers to your teacher</b>	<sup>20</sup> <b>tell your parents about a tie you really enjoyed spending with them</b>	<sup>21</sup> <b>put together a puzzle as a family</b>	<sup>22</sup> <b>invite someone over for dinner</b>
<sup>23</sup> <b>spend the day doing things for others</b>	<sup>24</sup> <b>make a craft as a family</b>	<sup>25</sup> <b>family game night</b>	<sup>26</sup> <b>do something nice for animals</b>	<sup>27</sup> <b>start a tomato plant and give to someone who doesn't have a lot of food</b>	<sup>28</sup> <b>read a book about helping people</b>	<sup>29</sup> <b>draw a picture together as a family</b>
<sup>30</sup> <b>rake a leaf pile and invite others to play with you</b>	<b>September is</b> National Hispanic- Latino Heritage Month	<b>September is</b> Pain Awareness Month	<b>September is</b> Childhood Cancer Awareness Month	<b>September is</b> Healthy Aging Month	<b>September is</b> National Cholesterol Education Month	<b>September is</b> National Sickle Cell Awareness Month

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## October 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>"Goodness is the only investment that never fails." – Henry David Thoreau</i></p>		<p><sup>2</sup> make a list of all the good things your grandfather does</p>	<p><sup>3</sup> Make a card for your siblings</p>	<p><sup>4</sup> write a special story for your aunt or uncle</p>	<p><sup>5</sup> ask your parents how their day went</p>	<p><sup>6</sup> Rake your neighbors leaves</p>
<p><sup>7</sup> plant winter wheat as a family</p>	<p><sup>8</sup> check the smoke detectors for your grandparents</p>	<p><sup>9</sup> tell your mom about a special time you had with her</p>	<p><sup>10</sup> tell your grandmother good things about her</p>	<p><sup>11</sup> write a special story for your librarian</p>	<p><sup>12</sup> paint together as a family</p>	<p><sup>13</sup> ask to hear how your grandparents met</p>
<p><sup>14</sup> Make a list of all the reasons why you smiled today</p>	<p><sup>15</sup> read a book about a different culture</p>	<p><sup>16</sup> Bake brownies for your neighbor</p>	<p><sup>17</sup> bring flowers to your mom</p>	<p><sup>18</sup> take a walk as a family and talk about your favorite times together</p>	<p><sup>19</sup> make a bird feeder</p>	<p><sup>20</sup> set up an inside camp out for your family</p>
<p><sup>21</sup> invite someone to dinner</p>	<p><sup>22</sup> Set up a family card game night</p>	<p><sup>23</sup> watch the sunset with a group of people who are special to you</p>	<p><sup>24</sup> make a list of all the good things a relative does for you</p>	<p><sup>25</sup> make a family collage</p>	<p><sup>26</sup> take a walk and throw wild flower seeds around</p>	<p><sup>27</sup> Invite someone over to watch the stars</p>
<p><sup>28</sup> Bring frozen dinners to someone who has trouble cooking</p>	<p><sup>29</sup> Teach someone younger how to tie their shoes</p>	<p><sup>30</sup> Make a family tree and present it to your parents</p>	<p><sup>31</sup> Pass out books instead of candy out</p>		<p><i>"Never be so busy as not to think of others." –Mother Teresa</i></p>	<p><i>"The test of our progress is not whether we add more to the abundance of those who have much; it is whether we provide enough for those who have too little."</i> <i>Franklin D. Roosevelt</i></p>
<p><b>October is Dental Hygiene Month</b></p>	<p><b>October is Italian American Heritage Month</b></p>	<p><b>October is Stillbirth Awareness Month</b></p>	<p><b>October is Breast Cancer Awareness Month</b></p>	<p><b>October is Physical Therapy Month</b></p>	<p><b>October is American Pharmacists Month</b></p>	<p><b>October is National Chiropractic Month</b></p>

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## November 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>November is</b> National American Indian Heritage Month	<b>November is</b> National Hospice/Palliative Care Month	<b>November is</b> Family Caregivers Month	<b>November is</b> Home Health Care Month	<sup>1</sup> make a list of all the good things your siblings do	<sup>2</sup> write a special story for your grandfather	<sup>3</sup> make a scrapbook of your friends
<sup>4</sup> check the smoke detectors for your neighbors	<sup>5</sup> Make a list of reasons why you love your teacher and give it to them	<sup>6</sup> Make a list of all the reasons you laughed today	<sup>7</sup> Make cards for your cousins and friends	<sup>8</sup> bring flowers to your grandparents	<sup>9</sup> tell your dad about a special time you had with him	<sup>10</sup> adopt a family for thanksgiving
<sup>11</sup> set up a fun dress up party	<sup>12</sup> make a list of all the good things your friends do	<sup>13</sup> offer to help someone with their school work	<sup>14</sup> make thank you cards for your police and firemen for keeping your community safe	<sup>15</sup> ask someone how you can clean for them today	<sup>16</sup> wash the dishes after dinner	<sup>17</sup> do a crafts with veterans at a veterans home
<sup>18</sup> invite someone over for thanksgiving	<sup>19</sup> write a special story for your teacher	<sup>20</sup> Make a list of reasons why you love your mom and give it to her	<sup>21</sup> tell your grandfather good things about him	<sup>22</sup> bring your neighbor a pie	<sup>23</sup> offer to help someone with chores	<sup>24</sup> Fix broken toys in your house
<sup>25</sup> Pass out chocolate	<sup>26</sup> Bring cookies to a nursing home	<sup>27</sup> Make a cookbook for someone special	<sup>28</sup> write a poem for your librarian	<sup>29</sup> Make bookmarks for your library	<sup>30</sup> tell funny jokes to everyone	
<b>November is</b> Alzheimer's Disease Awareness Month	<b>November is</b> American Diabetes Month	<b>November is</b> Lung Cancer Awareness Month	<b>November is</b> World Antibiotic Awareness Month	<b>November is</b> Stomach Cancer Awareness Month	<b>November is</b> Veteran's Appreciation Month	<i>"There is no exercise better for the heart than reaching down and lifting people up." —John Holmes</i>

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## December 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<i>"Too often we underestimate the power of a touch, a smile, a kind word, a listening</i>	<i>ear, an honest compliment, or the smallest act of caring, all of which have the</i>	<i>potential to turn a life around." –Leo Buscaglia</i>		<sup>1</sup> <b>Start a family journal and write in it every night</b>
<sup>2</sup> <b>Mail out Hanukkah cards to those who celebrate</b>	<sup>3</sup> <b>write a special story for your friends</b>	<sup>4</sup> <b>tell your grandparents about a special tie you had with them</b>	<sup>5</sup> <b>Make Christmas cards for those who celebrate</b>	<sup>6</sup> <b>make a list of reasons why you love your librarians and give it to them</b>	<sup>7</sup> <b>Make a Christmas decorations for someone special</b>	<sup>8</sup> <b>Fill a stocking for someone in need</b>
<sup>9</sup> <b>Make a dreidel for someone who celebrates Hanukkah</b>	<sup>10</sup> <b>mail Christmas cards to a veterans home</b>	<sup>11</sup> <b>make a list of all the good things your aunt or uncle do</b>	<sup>12</sup> <b>sing holiday songs at a senior home</b>	<sup>13</sup> <b>wrap gifts for someone who needs a hand</b>	<sup>14</sup> <b>offer to go Christmas shopping for someone</b>	<sup>15</sup> <b>Go to your local Angel Tree and pick a kid your age to get a gift for</b>
<sup>16</sup> <b>make gifts for everyone who is special to you</b>	<sup>17</sup> <b>donate a toy to toys for tots</b>	<sup>18</sup> <b>Pass out hot tea to those in the cold</b>	<sup>19</sup> <b>make a list of all the reasons you were happy today</b>	<sup>20</sup> <b>make a list of reasons why you love your dad and give it to him</b>	<sup>21</sup> <b>Bring warm clothes to those in need</b>	<sup>22</sup> <b>participate in a craft fair and donate all the sales</b>
<sup>23</sup> <b>bring supplies to make a pizza to your food bank</b>	<sup>24</sup> <b>bring your neighbor a holiday fruit cake</b>	<sup>25</sup> <b>Make a list of reasons why you love being in your family and read it out loud</b>	<sup>26</sup> <b>Send Kwanzaa cards to those who celebrate</b>	<sup>27</sup> <b>leave a goodies basket on someones doorstep</b>	<sup>28</sup> <b>write to your senators about an issue you care about</b>	<sup>29</sup> <b>return your bottles and give the money to a bottle drive at the center</b>
<sup>30</sup> <b>Sign up for a charity walk and start fundraising</b>	<sup>31</sup> <b>Start a helping club to kick of the New Year</b>		<b>December is Hand Washing Awareness Month</b>	<i>"That best portion of a man's life, his little, nameless, unremembered acts of kindness and love." – William Wordsworth</i>	<b>December is World AIDS Awareness Month</b>	

*Spread love everywhere you go. Let no one ever come to you without leaving happier. Saint Teresa of Calcutta*

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